

December 15, 2011



Dear Parents,

Our annual Christmas Play will be here before we know it. We would like your help in ensuring that the children are dressed their best. Please follow the guidelines below in dressing for the play to be held in the Auditorium at 7:00 pm on Wednesday, December 21, 2011. Please have your children to their classrooms by 6:30 pm.

**\*NO SNEAKERS, T-SHIRTS OR SWEATSHIRTS!**

**Kindergarten Students:**

\*Students will be Shepherds and Angels for our play. Costumes will be provided by the school and handed out the night of the play.

\*Kindergarten girls and boys should be dressed in their "Sunday Best" for the play. It is asked that the girls wear white tights and black shoes.

**Grades Pre-K and 1 through 8 - Tops and pants/skirts as follows:**

Pre-K: "Christmas Finery" as directed by Mrs. Pat in a separate notice already sent home

Grade 1: Red and Green

Grade 2: Red and Green

Grade 3: Oversized dark colored shirt (preferably black)

Grade 4: White shirt, black skirt or pants

Grade 5: Red and Green

Grades 6, 7 & 8: White shirt, black skirt or pants

We thank you for your help!

*Sr. M. Elizabeth Halaj*

Sister Elizabeth Halaj



## SCRIP NEWS...

Our Lady of Lourdes would like to thank you for your support to our Retail Scrip Program.

We have signed up with [www.shopwithscrip.com](http://www.shopwithscrip.com) at the request of some families who would like to order online and to make it easier for family members who are not from around the area.

If you would like to place your order online, please sign up at: [www.shopwithscrip.com](http://www.shopwithscrip.com), follow the online directions and use enrollment #: 4C7E7CD621L3. When signing up, under "Student Name" enter the family name that you would like credited for your account. Please be sure to use the first and last name of the family that you want credited as we have a few families with the same last name.

We wish you and your family a Merry Christmas and a Happy New Year!

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# Eat Healthier

with Your Monthly Food Fundraiser

Checkout all our **Taste for Health**™ items this month.



3184 Naked Broccoli and Cheese Stuffed Chicken p. 2

8205 | **NEW!**



## New This Month

**8205 9 Grain Orzo & Spinach Blend**   
9-grain Orzo pasta with spinach, carrots, Garbanzo beans, & red bell peppers. Ready in 5-7 minutes. Nutritious & delicious!  
1.5 lbs./\$8.99

**3218 Lemon Pepper ChicNSteaks**   
Moist chicken breasts with a lemon pepper flavor. Individually wrapped & skillfully hand trimmed. 110 calories per serving.  
8-4 oz./\$12.89

**3496 GoGo SqueeZ™ Applesauce**   
Nothing but apples in an easy-to-go pouch. Fun snack for kids of all ages! No refrigeration, no spoon, no mess and no added sugar! 18-3.2 oz./\$13.99

## Taste For Health®

More options p. 2

**5157 Mini Cheese Omelets**   
Low in fat, cholesterol & sodium. 12-2 oz./\$9.99 **\$9.49** 80¢ each

**5111 Fruit Singles™**   
Peaches and strawberries. No sugar added.  
12-4 oz. cups/\$10.99 **\$9.99**

**3458 Dried Fruit Medley**   
Blueberries, cherries, cranberries, golden raisins. 18-1 oz./\$11.49 **\$10.99**

**3146 ChicNSteaks - Trial Size**   
Skinless, boneless chicken breasts.  
4-4 oz./\$6.29 \$1.58 each

**3069 ChicNSteaks - 12 Pack**   
Skinless, boneless chicken breasts.  
12-4 oz./\$15.89 **\$14.89** \$1.25 each

**NOW IN 2 SIZES!**  
4-Pk & 12-Pk

## Customer Favorites

**1245 Ground Beef - Trial Size**   
85% Lean. 2-1 lb. pkg./\$9.99 \$4.80 per pound

**1058 Ground Beef - 4 lbs.**   
85% Lean. 4-1 lb. pkg./\$16.99 **\$15.99** \$4.00 per pound

**NOW IN 2 SIZES!**  
2 lbs. & 4 lbs.

**5131 French Toast Sticks**   
Thick-cut, dipped in creamy batter.  
43-45 sticks/2.5 lbs./\$8.99 **\$8.49** 85¢ per serving

3218 | **NEW! ONLY 110 CALORIES**



3496 | **NEW!**



5157



5111



3458



**NOW 2 SIZES!**

3146 | **4-PACK**

3069 | **12-PACK**



**NOW 2 SIZES!**

1245 | **2 LBS.**

1058 | **4 LBS.**

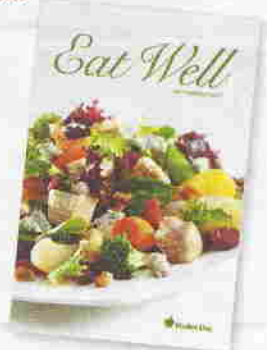


5131



**FREE**  
**Eat Well**  
**Guide**

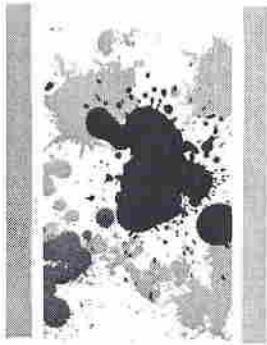
with any purchase  
See p. 10 for details.



# WINTER Arts Program

**GRADES 1-6**

MILLTOWN LOCATION



**CONTACT INFO:**

**Donna Como**

NJ Certified Art Teacher

Local area resident,  
currently teaching art  
for the Cranford Public  
School District

732-887-1707

**Intro to  
WATERCOLOR  
PAINTING**

Be surprised by your own talent. Join this beginner class and discover the fun of watercolor painting.

Step-by-step exercises and individual instruction includes: technique, wet on wet, masking, dry brush, drawing, mixed media, experimental tools and more. Enhance skills, experimentation and expanding of artists expression.

**GRADES:** Grades 3, 4, 5 & 6

**DATES:** January 12, 19, 26 &  
February 2, 9, & 23

**6 THURSDAY AFTERNOONS**  
3:30 - 5:00 P.M.

**JEWELRY MAKING,  
Theatre & Storytelling**

Incorporate and enhance math/pattern skills while creating and designing handmade jewelry & related 3D & Fiber Art projects.

(Older students will learn the wonders of advanced friendship bracelet techniques).

We will have fun storytelling and jumping into the world of the theatre and stage while learning new ways to feel comfortable in front of the classroom and improving public speaking skills.

**GRADES:** Grades 1, 2 & 3 Grades 4, 5, & 6

**DATES:** February 25,  
March 3, 10, 17, 24 & 31

**6 SATURDAY MORNINGS**  
9:30 A.M. - 11:30 A.M.

**Limited Seating,  
Register Early!**

GUEST ARTIST

Certified Public School  
Teacher & Artist

Ms. Michele Greenspan

GENERAL INFO

- Program References Available Upon Request
- Open Enrollment
- Payments must be paid in full. Last day for refunds - 2 weeks prior to 1st class date.
- Please use a separate registration form for each child
- Enrollment is on a first come, first served basis. If a class is full or canceled, a 100% refund will be made. Notification will be made if the class is canceled. Programs will run based on enrollment.
- Separate grade groups based on registration
- We reserve the right to modify or cancel any program.
- Rain/Snow dates available

**LOCATION:**

**St. Paul's United Church of Christ**  
Main Street at Lakewood Avenue, Milltown 08850

**FEE:** 6 Sessions each  
Jewelry Making (Sat.) - \$135.00 per child  
Watercolor Painting (Thurs.) - \$95.00 per child

10% Sibling Discount  
5% Discount for payment in full,  
one month prior to first class.

**SUPPLIES INCLUDED!**

Feel free to bring a snack!

**Keep those creative juices flowing  
all year long while...**

Students grow formally and expressively through various media and art history alongside other young imaginative artists.

Learn in a fun-filled & safe environment!  
Art Demonstrations & Presentations!

Wear comfortable & appropriate clothing used to create art

- ❖ ART PARTIES AVAILABLE!
- ❖ PRIVATE ART LESSONS AVAILABLE
- ❖ SCOUTS & GROUPS WELCOME!

2012-St. Paul's

**WINTER ARTS PROGRAM 2012 - REGISTRATION FORM**



Today's Date \_\_\_\_\_

Name of Child \_\_\_\_\_ Age \_\_\_\_\_ Grade \_\_\_\_\_

Date of Birth \_\_\_\_\_ School Attending \_\_\_\_\_

Home Address \_\_\_\_\_ Zip \_\_\_\_\_

Parent/Guardian \_\_\_\_\_ Email \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

How did you hear about this program? \_\_\_\_\_

**Please check Program(s) attending:** Jewelry Making (Sat.) Grades 1-3 Program \_\_\_\_\_ Grades 4-6 \_\_\_\_\_  
Watercolor (Thurs.) \_\_\_\_\_ Grades 3-6 \_\_\_\_\_

**TOTAL AMT. ENCLOSED \$** \_\_\_\_\_

To the best of my knowledge, my child only has the following medical conditions/allergies which your staff must be aware of: \_\_\_\_\_

Doctor's Name: \_\_\_\_\_

Doctor's phone number: \_\_\_\_\_

Signature of Parent/ Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

**For Mailing Address Contact - [dcomo@verizon.net](mailto:dcomo@verizon.net) or 732-887-1707**

Please do not send this to school.